Conclusion

Adequate physical recreational and sporting facilities are essential for a happy and healthy childhood, and lead to a whole host of physical and cognitive benefits in later adulthood.

The sporting facilities for most urban children are inadequate at a very basic level. Most schools lack playgrounds and a majority of urban Indian children lack play space in their neighbourhoods. The situation is somewhat ameliorated by the existence of public maidans in most Indian cities.

Facilities for formal sport training and coaching are even harder to come by. The situation is helped a little by government academies, which, however, are aimed only at exceptional sports people.

We believe the situation can be greatly improved in two ways. First city governments must make an active effort to dedicate space and money to public sports facilities. The city of Mumbai has a historical opportunity in this regard. Second state and national governments must make active efforts to replicate the success of national level sporting academies at the city and district level, to make reasonable quality training accessible to a wider variety of sport loving children.

Lastly, we would just like to say that all of us had a lot of fun researching for information and typing down this project. We feel that it helped us work as a team, as well as help us grow individually. We wish that the situation was normal and that we could have gone and visited each other in our respective countries. Hopefully, the system will be back to normal next year.

Signing off,

Team Green Trips (Campion) 2020-21

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